

We Can Help...

UI Behavioral Health professionals evaluate each individual's needs and develop a comprehensive treatment program for addiction and mental health issues.

Professional care and self-help approaches are combined with an emphasis placed on abstinence, family participation, relapse prevention and health promotion.

For More information or to schedule an appointment, please call:

Chemical Dependency Services

**Medical Director
Jill Liesveld MD
Board Certified in Addiction
Medicine**

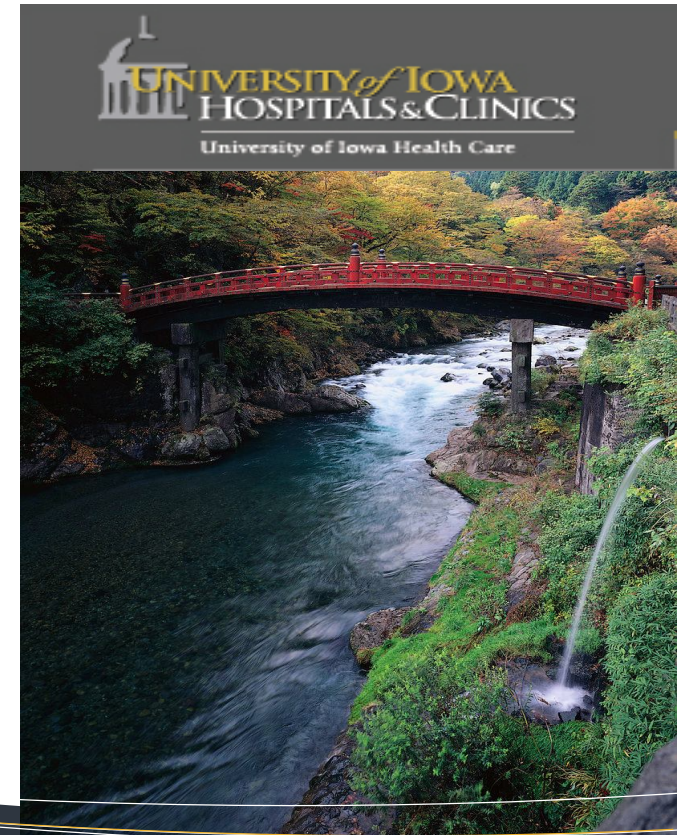
319-384-8765

Between 8 a.m. to 4:30 p.m.
Or toll free at

1-877-384-8765

Our Team-- of physicians, certified substance abuse counselors, nurses, nurse practitioners, certified substance abuse social workers, occupational therapists, and recreational therapists work together to provide the most flexible and complete care. Our team is an integrated, multi-disciplinary team that works with both substance abuse and mental health issues.

Chemical Dependency Services is located on 5 Boyd Tower in the General Hospital at UI Hospitals and Clinics. Take Elevator A to the fifth floor.



Chemical Dependency Services

CHEMICAL DEPENDENCY SERVICES: 1-877-384-8765

WE CAN HELP

DUAL DIAGNOSIS PARTIAL HOSPITALIZATION PROGRAM

This program has been developed to care for individuals who have either a medical or mental illness in combination with an addiction. Individuals participate in structured therapy programs during the day and spend nights at home. Our professional staff develops an individualized treatment plan that includes both group and individual counseling and medication management. Services are designed to help individuals readjust to community life and/or move into less structured outpatient programs. The program meets five days a week from 9 a.m. to 3 p.m.

INTENSIVE OUTPATIENT PROGRAM

Individuals with addiction have the option of receiving treatment in an evening outpatient setting while maintaining a job and living at home. This program is designed to aggressively address addiction issues while allowing the individual to continue the tasks of daily living. The program meets three evenings a week from 5:30 p.m. to 8:30 p.m. and offers individualized treatment plans involving participation in group, family and individual therapy.

EXTENDED OUTPATIENT PROGRAM

Services include comprehensive evaluation (including OWI evaluations), group therapy, individual therapy, family therapy and pharmacotherapy. Focus of therapy is on addiction problems, relapse prevention and coping skills. Patients learn about the physical, psychological and spiritual aspects of addictive behaviors.

PROFESSIONAL PROGRAM

A variety of outpatient services are provided for a unique treatment program designed to meet the special needs of professionals with substance abuse issues. Services include individual and group therapy, tailored treatment planning, UA testing and assistance with the management of various board requirements.

STUDENT OUTPATIENT PROGRAM

A full spectrum of outpatient services are provided for students. The STOP program promotes healthy, low-risk behaviors, and responsible decision making concerning the use of alcohol and other drugs by providing treatment services to all college-age students twice a week from 3 p.m. to 4 p.m.

AFTER CARE SERVICES

A variety of services are offered to provide continued support in recovery.

MISSION STATEMENT

The University of Iowa Hospitals and Clinics Chemical Dependency Services is dedicated to offering care and hope to all substance abusing patients; meeting the special needs of dual diagnosis patients; providing resources to UIHC clinical departments, the general university community and the State of Iowa; training tomorrow's health professionals and advancing evidence-based practices for patient treatment.

